Myeloperoxidase (MPO) and eosinophil peroxidase (EPO) effecting on asthma patients in Basra Province, Iraq.

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Abstract

Myeloperoxidase and eosinophil peroxidase granules zurophilic proteins are a marker important in asthma patients. In the current study myeloperoxidase (MPO) and Eosinophil peroxidase levels were assessed in different stages of asthma, in 100 patients suffering from asthma, classified as (active asthma, moderate, and severe) according to diagnosis by specialist physician In addition to 20 healthy controls. Results of the current study showed mean serum level of MPO was 16.37 ± 7.78 ng/ml (median ± SD) in controls, and 39.80 ± 22.22 ng/ml in the asthma patients. According to the asthma severity MPO levels were (40.54 ± 29.92, 36.91 ± 20.18 and 34.42 ± 16.04 ng/ml) (median ± SD) in (active asthma, moderate, and severe) asthmatics patients, respectively with significant differences (P ≤ 0.05) between all type of asthma patients and healthy controls, according to asthma severity the results showed significant differences (P ≤ 0.05) between the type of asthma patients active asthma and severe asthmatics. On the other hand eosinophil peroxidase levels of EPO were 47.68 ± 5.78 ng/ml (median ± SD) in control and 75.89 ± 14.46 ng/ml in the asthmatic patients. Depending on the asthma severity, the EPO levels were 76.81 ± 11.45 ng/ml, 68.05 ± 11.29 ng/ml, 66.19 ± 11.77 ng/ml in active asthma, moderate, and severe asthmatics respectively, the results show no significant differences between the type of asthma patients (P ≥ 0.05), but show significant differences between the type of asthma patients and healthy controls and significant differences active asthma and severe asthmatics between 76.81 ± 11.45, 66.19 ± 11.77 ng/ml respectively. Results of the study showed elevated levels of both enzymatic (EPO and MPO) respectively in asthma patients with active asthma with high significant different (P ≤ 0.01) compared with controls, while the results showed serum levels of EPO higher than MPO in patients.

Keywords: Asthma, Myeloperoxidase, Eosinophil peroxidase.

Introduction

Asthma is a complex inflammatory disease that affects the airways is suffered by many people around the world, it is characterized by hyperhidrosis and excessive mucus secretion with other clinical symptoms [1,2]. Inflammatory processes is associated with the imbalance oxidative and antioxidants nature of the lungs a high level of oxygen so they are more susceptible to oxidative stress and the formation of free radicals and low activity of antioxidant enzymes [3]. The oxygen is the main element in the production of energy, but the reduction of this element is not complete even under normal conditions as often arise from the middle groups of active chemicals and called free radicals inflammatory response [4]. In asthma associated with the generation of free radicals (hydrogen peroxidase, OH−, superoxide anion O2, hypochlorous acid). This process regulates inflammatory mediator by inflammatory cells, such as eosinophils, and neutrophils presence both cells causes tissue damage through the secretion of enzymatic products such as myeloperoxidase, eosinophil peroxidase of neutrophils and eosinophilis cells respectively these enzymes production high-effective free radicals and oxidants that cause oxidative damage to the parasites and pathogens that invade the body as part of the innate defense mechanism of the host [5,6]. Myeloperoxidase and eosinophil peroxidase can react with H2O2 generated during a respiratory burst, and generating hypochlorous acid (HOCl), similar compounds that can cause injury to surrounding tissue during the inflammatory process [7]. So the study aims determination role of myeloperoxidase and eosinophil peroxidase in with asthma.

Material and Methods

Patients

A total of 100 asthma patient's and 20 control blood samples were collected from the Basra General Hospital, Al-Sadr General Hospital and, Al-Fayhha General Hospital. The patients complaining of symptoms related wheezing, chest tightness, dyspnea attending, and all these patients were diagnosis by specialist physician. The patients and controls were from both sexes and their ages were from (20 y-70 y), Blood samples were collected from all asthma patients and...
controls in plain tube. 3 ml of collected blood were centrifuged for 5 min (3000 rpm/min), and kept in the refrigerator at a temperature of -4°C for using in measuring the MPO and EPO enzyme by ELISA test.

**Serological study**

**Estimation total MPO and EPO in serum sample of asthmatic patients:** The total MPO and EPO concentration in the sera of studied individuals was determined by a micro plate enzyme immune assay according MPO and EPO Elisa kit (MyBioSource/USA). Before adding to wells, equilibrate the SABC working solution and TMB substrate for at least 30 min at room temperature (37°C). When diluting samples and reagents, they must be mixed completely and evenly. Sufficient microtiter strips were left in the strip holder to enable the running of standards and samples. Add (100 µl) of dilution buffer into the control (zero) well, the sample/standard (100 µl) was added into the above wells (standard, of test sample and zero wells), the plate was covered and incubated at 37°C for 60 min, after that remove the cover, and wash plate 5 times with wash buffer. Promptly (100 µl) of SABC working solution into each well (including well 1), cover the plate and incubate at 37°C for 30 min, remove the cover and wash plate 5 times with wash buffer, and each time let the wash buffer stay in the wells for 1-2 min, Add 90 µl of TMB substrate into each well, cover the plate and incubate at 37°C in dark within 15 min-30 min, The reaction was stopped by adding (50 µl) of stop solution into each well and mix thoroughly, the color changes into yellow immediately. The micro titer strips were shaken gently and read at (450 nm) (against the substrate blank) within 60 min from the stopping.

**Statistical analysis**

Statistical analysis is done by using SPSS software version 11, the chi square is used to assess statistical significance.

**Results**

The results showed that the concentration MPO in level ≤ 40 ng/ml had higher rate (40.54 ± 29.92, 36.91 ± 20.18, 34.42 ± 16.04) (median ± SD) in all asthma patients (active asthma, moderate and severe) respectively with significant difference P ≤ 0.05 between asthma patients and d control, but the levels were not different between asthmatic patients.

![Figure 1. Differences concentration MPO in serum of asthma subjects and control group.](image)

In Figure 3 the study showed that the level of the enzyme EPO and MPO was higher in asthma patients (75.89 ± 14.46, 39.80 ± 22.22) (median ± SD) respectively with high significant difference with control. While the concentration of the enzyme EPO was higher than enzyme MPO the concentration in all type asthma patients.

![Figure 2. Differences in concentration EPO in serum of asthma subjects and control group.](image)

![Figure 3. Correlations between enzyme (EPO) A concentration compared with (MPO) A enzyme in serum of asthma and control group ((EPO) C and (MPO) C).](image)

**Discussion**

Myeloperoxidase (MPO) and eosinophil peroxidase (EPO) enzymes produced from granular cells in inflammatory processes and increased severity of asthma. The current study showed that the concentration MPO had higher rate in active asthma compared with, moderate and severe asthma, Several studies have shown that neutrophils produce high amounts of the enzyme when exposed asthma, patients to antigens [8], also the study by [9] and showed that neutrophils cells release a high level of MPO in asthmatic patients compared to healthy. Also [10] found significant differences in the level of MPO in peripheral blood and neutrophil cells between patients and healthy patients. On the other hand the study by [11] showed
that no significant differences in the level of MPO among asthma patients and control while In study by [12] reported that increased Neutrophils be in severe asthma patients. Authors showed that MPO used to distinguish between bacterial infections and viral infections in asthma patients [13]. Also the result showed that EPO had higher rat in active asthma compared with, moderate and severe asthma, many data found that the enzyme eosinophil peroxidase was responsible for producing hypobromous acid in the airways. The results of this study were agreed with [11] showed that the concentration of EPO is higher compared to healthy subjects, another study by [14] show that eosinophil peroxidase produces substantial amounts of hypobromous acid in the airways of stable asthmatics. Although this highly reactive oxidant is a strong candidate for exacerbating inflammatory tissue damage in the lung, its role in asthma remains. The EPO and MPO play important role in forming oxidants and their ability oxidative damage to pathogen and host tissue, eosinophil peroxidase and myeloperoxidase use hydrogen peroxide to produce hypobromous acid and hypochlorous acid. These powerful oxidants may damage the lungs if they are produced as part of the inflammatory response in asthma [15]. Also [16] showed that eosinophils and neutrophils generate an array of oxidants that may be important contributors to tissue damage in the airways also [17] showed that oxidized by peroxidases to produce a much stronger oxidant.

**Conclusion**

The results of this study show correlation of myeloperoxidase and eosinophil peroxidase with asthma pathogenesis indicates that it is important to evaluate myeloperoxidase and eosinophil peroxidase in allergic asthma patients.

**References**


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