Cellular pathways affected by indoxyl sulfate in human proximal tubular cells.

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Abstract
Indoxyl sulfate (IS) plays a substantial role in chronic kidney disease (CKD) progression, but there is insufficient understanding of the complex cellular pathways in the kidney. This study investigated the cellular pathways affected by IS in human proximal tubular cells (HK-2 cells). Cell viability, reactive oxygen species (ROS) production and protein expression were analyzed in HK-2 cells exposed to IS. In addition, the effects of catalase and Irbesartan were evaluated. Cell viability of HK-2 cells was decreased following exposure to IS (P=0.001). IS did not significantly increase ROS production compared to cells without IS (P=0.664). Among cellular proteins including ERK, PI3K, Nrf2 and JNK, the expression levels of PI3K and JNK were decreased in IS-exposed cells (P=0.045 and 0.001). In contrast, the expression of HO-1 and NOS3 was increased in proportion to the concentration of IS (P=0.034 and 0.046). In HK-2 cells exposed to 100 μM IS, treatment with catalase and irbesartan increased cell viability, but it was not significant (P=0.190). In addition, use of the drugs did not reverse IS-mediated changes in protein expression for ERK, PI3K, Nrf2 and JNK. In conclusion, cell viability was decreased in HK-2 cells according to IS exposure. This toxicity could involve the activation of ERK, PI3K-AKT, Nrf2-keap1 and JNK pathways as well as NOS3. However, this study could not show the ROS production and the favorable effects of antioxidants and angiotensin-receptor blockers in IS-induced cell injury.

Keywords: Chronic kidney disease, Intracellular signaling peptides and proteins, Reactive oxygen species, Uremia middle molecule toxins.

Introduction
Chronic kidney disease (CKD) is a debilitating chronic disease, which may increase the risk for cardiovascular events and all-cause mortality [1,2]. Thus, various efforts have been studied to prevent the deteriorating renal function around the world [3,4]. Uremic toxins are waste products and they accumulate in patients with CKD [5]. They are classified according to molecular size and water solubility. Although water-soluble low-molecular-weight uremic toxins can be eliminated via hemodialysis, protein-bound uremic toxins cannot be efficiently removed [6,7]. Indoxyl sulfate (IS) is a major protein-bound uremic toxin and it is markedly increased in CKD patients [8]. Besides serving as a marker of renal dysfunction, IS may have a substantial role in the progression of CKD [9,10]. A previous study with uremic rats showed that administration of IS increased serum creatinine and decreased insulin clearance [8]. Moreover, patients with high levels of IS also showed more rapid CKD progression compared to those with low IS levels [11], and lowering IS by use of an oral adsorbent delayed the initiation of dialysis and also improved renal function [12]. Therefore, understanding the precise cellular mechanism of IS-induced CKD progression is necessary for the identification of a therapeutic target for treatment of this condition.

IS increases the expression of transforming growth factor-β1 and α-smooth muscle actin [13,14], which results in an epithelial-to-mesenchymal transition, known as the critical course of CKD [15,16]. In addition, IS also suppresses proliferation and induces senescence in proximal tubular cells by activation of nuclear factor-κB [17]. To address the above processes, production of reactive oxygen species (ROS) has been suggested to be a major mediator [17,18]. Several previous studies demonstrated that ROS production and the expression of related proteins were induced by exposure to IS [17-19]. Nevertheless, the findings were insufficient to explain the complex cellular pathways involved in IS-induced cell injury. Furthermore, despite the neutralization of a few IS-induced pathways by medications such as antioxidants and angiotensin receptor blockers [17,20], these groups found no improvement in cell viability.

In order to confirm the cellular pathways affected by IS, we investigated protein expression in human proximal tubular cells (HK-2 cells) exposed to IS. Furthermore, we evaluated
whether antioxidants and angiotensin receptor blockers have favorable effects on IS-induced cell damage.

Materials and Methods

Reagents

Reagents and antibodies were purchased from the following companies: keratinocyte-serum-free medium (K-SFM), fetal bovine serum (FBS) and penicillin from Gibco (Grand Island, NY, USA); IS from Alfa Aesar (Lancashire, UK); polyethylene glycol-catalase, irbesartan, probenecid and anti-actin antibody produced in rabbit from Sigma-Aldrich (Saint Louis, MO, USA); antibodies to extracellular signal-regulated kinase (ERK) 1/2 (H-72) and nitric oxide synthase 3 (NOS3) (H-159) from Santa Cruz Biotechnology (Santa Cruz, CA, USA); phosphatidylinositol-4,5-bisphosphate 3-kinase (PI3K) p110r (D55d5) rabbit monoclonal antibody from Cell Signalling Technology (Beverly, MA, USA); and rabbit anti-nuclear factor-like 2 (Nrf2) polyclonal antibody, rabbit anti-endothelial nitric oxide synthase (NOS3) (H-159) from Santa Cruz Biotechnology (Santa Cruz, CA, USA); hemeoxygenase 1 (HO-1) polyclonal antibody, rabbit anti-c-jUN N-terminal kinase (JNK) 1/3 polyclonal antibody and anti-rabbit IgG horseradish peroxidase (HRP)-linked antibody from Bioss (Boston, MA, USA).

Cell culture

HK-2 cells were obtained from American Type Culture Collection (Manassas, VA, USA). HK-2 cells were cultured in K-SFM supplemented with 10% FBS and penicillin of 60 μg/ml, and were maintained at 37°C in a humidified 5% CO2-95% air atmosphere incubator. Fresh growth medium was added to the cells every 2 days until cells reached an adequate level of confluence for each experiment.

Treatment

HK-2 cells were seeded by 1 × 10⁴ cells per well in tissue culture plates before treatment. Cells were treated with a serial concentration of IS in each well, and were incubated for 24 hours in K-SFM containing 2% FBS, followed by analysis. Next, the effects of medications such as catalase, irbesartan and probenecid on IS-induced cell injury were evaluated. For these experiments, cells were treated with 100 μM IS and then either catalase of 100 unit/ml, irbesartan at 20 μM, or probenecid at 1 mM was added. Cells were then incubated for 24 hours in K-SFM containing 2% FBS before analysis.

Cell viability

Cell viability was determined using MTT assay. IS caused dose-dependent toxicity in HK-2 cells (N=4, P for trend=0.001). Exposure to IS of 5, 10, 20, 50 and 100 μM decreased cell viability by 25.7, 26.9, 27.3, 36.6 and 36.1 %, respectively (P=0.015, 0.010, 0.009, 0.001 and 0.001, respectively). IS, indoxyl sulfate; HK-2 cells, human proximal tubular cells; MTT assay, 3-(4,5-cimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide. *P<0.05; **P<0.01, compared to HK-2 cells without IS treatment.

Western blot analysis

Treated cells were lysed with lysis buffer (Gibco, Grand Island, NY, USA) and boiled for ten minutes, separated by SDS-PAGE with 12% resolving and 5% stacking gels, and then transferred to nitrocellulose membranes. The nitrocellulose membranes were blocked for one hour with 5% skim milk (Sigma-Aldrich, Saint Louis, USA), and were then incubated in a 1:1,000 dilution of a primary antibody to ERK, PI3K, Nrf2, HO-1, JNK or NOS3 for 2 hours at room temperature. After incubation, membranes were washed with a mixture of Tris-buffered saline with Tween 20 (TBST, Cell Signaling Technology, Beverly, MA, USA) twice for ten minutes and were then exposed to secondary antibodies for 30 minutes in 5% skim milk. Finally, nitrocellulose membranes were washed thrice for 10 minutes.
with TBST. By analyzing signals captured on the nitrocellulose membranes using a Chemi-doc image analyzer (Bio-Rad, Hercules, CA, USA), the levels of protein expression were determined.

To investigate whether certain cellular pathways were activated by exposure to IS at serial concentrations, the expression levels of several proteins including ERK, PI3K, Nrf2, HO-1, JNK and NOS3 were measured using Western blot analysis. Next, the expression levels of ERK, PI3K, Nrf2 and JNK were evaluated in the same way after treatment with catalase, irbesartan or probenecid in addition to 100 μM IS.

**Statistical analysis**

The data were expressed as mean ± standard deviation. Intergroup differences were analyzed using ANOVA with the Tukey-Kramer method for multiple comparisons. Multiple comparisons between HK-2 cells at serial concentrations of IS were conducted by using cells without IS as a control. To evaluate the therapeutic effects of drugs, trend analysis was performed excluding cells without IS treatment, and cells exposed to 100 μM IS without medications were used as a control in multiple comparisons. All statistical analyses were performed using SPSS Statistics version 18.0 (IBM corp., Armonk, NY, USA). A two-sided P value <0.05 was considered significant.

**Results**

**Cell viability according to IS exposure in HK-2 cells**

IS-induced cell death was assessed using the MTT assay. As Figure 1 shows, we found that IS had a dose-dependent cytotoxicity in HK-2 cells (N=4, P for trend=0.001). In multiple comparisons, the viability of cells exposed to IS at 5 μM, 10 μM, 20 μM, 50 μM and 100 μM was decreased by 25.7%, 26.9%, 27.3%, 36.6% and 36.1%, compared to cells without IS (all P<0.05).

**ROS production after IS exposure in HK-2 cells**

ROS production was measured after 24 hours of exposure at the various concentrations of IS. Figure 2 shows the relative

Figure 2. ROS production according to IS exposure in HK-2 cells. Relative ROS production did not differ between cells at a different concentration (N=2, P for trend=0.664). But, ROS production were relatively increased in cells treated with IS at 10, 20 and 100 μM by 34.4, 35.2 and 37.3% (P=0.909, 0.901 and 0.881, respectively). IS at 5 and 50 μM did not show an increase in ROS (both P=1.000). ROS: Reactive Oxygen Species; IS: Indoxyl Sulfate; HK-2 cells: Human Proximal Tubular Cells.

**Figure 3. Protein expression according to IS exposure in HK-2 cells.** (A) ERK expression was decreased in a dose-dependent manner but it was not statistically significant (N=2, P for trend=0.238). IS at 100 μM insignificantly decreased ERK expression by 20.6%, compared to HK-2 cells without IS exposure (P=0.376). (B) PI3K production was significantly decreased as increasing the concentration of IS (N=2, P for trend=0.045). PI3K expression was decreased by 34.7% in cells treated with IS at 100 μM, it was not statistically significant (P=0.054, compared to cells without IS). (C, D) Nrf2 expression was insignificantly decreased while HO-1 expression was increased by IS exposure in a dose dependent manner (N=4 and 3, P for trend=0.069 and 0.034, respectively). IS at 100 μM decreased Nrf2 production by 32.1% and increased HO-1 production by 45.7%, insignificantly (P=0.069 and 0.095). (E) The expression of JNK was decreased dose-dependently (N=3, P for trend=0.001). IS of 100 μM caused 31.3% decrease in JNK production (P=0.001). (F) NOS3 differed between cells at different concentrations of IS (N=4, P for trend=0.046). IS of 100 μM insignificantly increased an increases in NOS3 expression by 22.6% (P=0.108). IS: Indoxyl Sulfate; HK-2 cells: Human Proximal Tubular Cells; ERK: Extracellular Signal-Regulated Kinase; PI3K: Phosphatidylinositol-4,5-Bisphosphate 3-Kinase; Nrf2: Nuclear Factor-Like 2; HO-1: Hemeoxygenase 1; JNK: c-Jun N-Terminal Kinase; NOS3: Nitric Oxide Synthase 3. *P<0.05; **P<0.01, compared to HK-2 cells without IS treatment.
ROS production compared to those without IS exposure. The differences between the groups were not significant (N=2, P for trend=0.664). Exposure to IS at 10 μM, 20 μM and 100 μM insignificantly increased ROS production by 34.4%, 35.2% and 37.3%, respectively (P=0.909, 0.901 and 0.881). We did not see an increase in ROS production at IS concentrations of 5 μM and 50 μM.

The activation of the JNK pathway was also evaluated. The expression level of JNK in HK-2 cells was decreased in a dose-dependent manner (N=3, P for trend=0.001, Figure 3E). Exposing cells to IS at 50 μM and 100 μM resulted in 22.9% and 31.3% decreases in the JNK level (P=0.015 and 0.001, respectively).

**Protein expression by exposing to IS in HK-2 cells**

To determine whether the cellular pathways were activated by exposing to IS at the serial concentration, the levels of expression of several proteins including ERK, PI3K, Nrf2, HO-1, JNK and NOS3 were measured using Western blot analysis. The level of ERK expression tended to decrease in a dose-dependent manner, but the difference was not statistically significant (N=2, P for trend=0.238, Figure 3A).

The level of PI3K expression was measured, and it was found to be significantly decreased in HK-2 cells with exposure to increasing concentrations of IS (N=2, P for trend=0.045, Figure 3B). This result showed that the PI3K-AKT pathway was activated by exposure to IS. IS at 100 μM decreased the PI3K expression by 34.7% but it was not statistically significant (P=0.054).

The Nrf2-keap1 pathway was evaluated by measuring the levels of Nrf2 and HO-1 (Fig. 3-C and 3-D). Exposure of HK-2 cells to IS caused the expression of Nrf2 to be decreased although that was not statistically significant (N=4, P for trend=0.069), while that of HO-1 was increased dose-dependently (N=3, P for trend=0.034). However, multiple comparisons analysis did not show significant differences in the expression levels of Nrf2 and HO-1 (67.9% and 145.7% at IS at 100 μM, P=0.069 and 0.095, respectively).

We measured the level of NOS3 to determine the impact of IS in HK-2 cells. As Figure 3F shows, we found that the expression of NOS3 differed between the concentrations of IS used (N=4, P for trend=0.046). We found that NOS3 expression increased following IS treatment at 10 μM, 50 μM...
and 100 μM, but multiple comparisons did not differ significantly (22.6% increase at IS at 100 μM, P=0.108).

**Effect of medication on viability in HK-2 cells exposed to IS**

Treatment with catalase, irbesartan and probenecid was performed to determine their influences on IS-induced cell toxicity. As Figure 4 shows, we did not find any statistically significant differences in cell viability (N=4, P for trend=0.190). Although viability was increased by 26.7% and 19.8% in cells treated with catalase and irbesartan, compared to cells treated with 100 μM IS only, those were not statistically significant (P=0.249 and 0.484, respectively).

**Effect of medication on protein expression in HK-2 cells exposed to IS**

To determine changes in protein expression according to medications including catalase, irbesartan and probenecid, the expression levels of ERK, PI3K, Nrf2 and JNK were quantified from lysates of cells that were exposed to these drugs following treatment with 100 μM IS. Figure 5-A shows the results of Western blot analysis. Although the expression of ERK was decreased by 100 μM IS treatment, none of the medications reversed this change (N=2, P for trend=0.988, Figure 5B).

Despite the significant difference between cells with IS treatment (N=3, P for trend=0.002, Figure 5C), none of the catalase, irbesartan or probenecid treatments inhibited the decrease in PI3K expression. The Nrf2 levels also did not differ among treatment groups (N=3, P for trend=0.736, Figure 5D). JNK expression differed between cells with IS (N=2, P for trend=0.001). However, as Figure 5E shows, treatment of catalase did not induce the decrease in JNK level although it did not show significance because JNK level in cells with IS only did not decrease.

**Discussion**

In this study, we found that IS induced dose-dependent cell toxicity in HK-2 cells, which might be related to increased production of ROS. We investigated the relevant signalling pathways and our results showed decreases in the expression levels of ERK, PI3K, Nrf2 and JNK, and an increase in the expression of HO-1 following IS treatment. We further analysed the effects of medications, such as catalase and irbesartan, on cells exposed to IS. Despite slight improvements in cell viability by catalase and irbesartan, we could not show any significant changes in protein expression.

IS is a protein-bound uremic toxin derived from dietary proteins. Tryptophan is metabolized into indole by tryptophanase in intestinal bacteria. Then, indole is absorbed into the blood and metabolized into IS by sulfate conjugation in the liver [21]. Circulating IS is excreted via organic anion transporters in proximal tubular cells and therefore, IS accumulates in CKD patients as renal function decreases [22,23]. Marked increases in IS in uremic rats and uremic patients were previously demonstrated [8,24]. Moreover IS has a substantial role in CKD progression. Niwa et al. [11] evaluated the association of IS levels with the progression of kidney disease and showed that patients with high levels of IS experienced more rapid progression of CKD than did those with low levels of IS. Despite the close relationship between IS and CKD progression, our understanding of IS-related molecular pathways in kidney cells remains insufficient. Furthermore, current therapeutic options regarding IS include only disturbance of its intestinal absorption, but do not target specific molecular pathways.

IS-induced oxidative stress may be a major mediator of CKD progression [18,25-27]. A study by Palm et al. [26] showed that the abnormal oxygen metabolism mediated by IS-induced oxidative stress could lead to renal deterioration, and that the reduction in serum IS level related to treatment with AST-120 improved oxygenation of the kidney. Previous studies with N-acetylcysteine as an antioxidant demonstrated a reversal of the protein expression induced by IS [17,28]. Unfortunately, our results could not show direct impact of IS exposure on ROS production. Although we used 100 μM IS as the maximum concentration because a previous study reported that the mean concentration of IS in uremic patients is 23.1 mg/L (~100 μM) [29], a concentration of IS might be insufficient to induce ROS in HK-2 cells. A previous study used higher concentration of IS to show ROS production in HK-2 cells [18]. In addition, a small number of experiments or inadequate experimental settings might be limited to find differences.

We investigated the expression of relevant proteins to understand the cellular pathways induced by IS. This study confirmed that IS treatment decreased Nrf2 expression and increased HO-1 expression, indicating that the Nrf2-keap1 pathway was activated. Until recently, it was uncertain whether the Nrf2-keap1 system, which plays a crucial role in cellular defense against oxidative stress, was included in uremic toxins-induced renal dysfunction [30]. A recent report by Bolati et al. [31] found that IS downregulated Nrf2 expression in HK-2 cells and decreased expression of Nrf2 and HO-1 in CKD rats. Our results supported this earlier finding. To explain the differences between our results and those by Bolati et al. regarding expression of HO-1, we suggest that the decreased expression of HO-1 in CKD rats might have resulted from increased consumption of this protein to defend against oxidative stress.

Our findings regarding the activation of the ERK and JNK pathways are in parallel with those of previous reports [15,19]. In contrast, our results on the activation of the PI3K-AKT pathway differed with those of previous reports [32,33]. A connection between ROS and PI3K-AKT activation has been described previously [34-36]. However, how this pathway acts and its cross-talk with other pathways, such as the ERK pathway, in renal cells exposed to IS remaining unclear.

We also found that the expression of NOS3, also known as endothelial NOS, was increased by IS. While excessive production of NO by inducible NOS is associated with increased glomerular injury, NO derived from endothelial NOS...
Although we evaluated a pleiotropic effect, treating with irbesartan, an angiotensin II receptor blocker, but we did not find any significance for this drug in IS-induced cell injury. On the other hand, Sun et al. [20] found that activating the renal renin-angiotensin system might have an important role in IS-induced kidney injury, and that losartan could attenuate the renin-angiotensin system might have an important role in IS-induced renal cell injury [17,28,47]. Therefore, we evaluated the therapeutic effects of antioxidants and angiotensin receptor blockers in IS-induced cell damage. In cells exposed to 100 μM IS, which is the mean concentration of IS in uremic patients [29], catalase and irbesartan were added.

Despite the important role of oxidative stress, there are few data regarding the improvement of viability using antioxidants. Thus, this study evaluated the therapeutic effect of catalase, an antioxidant, to determine its effect on cell viability in HK-2 cells exposed to IS. Because catalase cannot enter the cell, this study used catalase conjugated to polyethylene glycol, which enhances cell binding of normally membrane-impermeable enzymes [46]. However, we did not find any significant changes with this drug, even though there was a trend of a slight increase in cell viability. Several studies have suggested that a reduction in oxidative stress can be helpful to suppress IS-induced renal cell injury [17,28,47].

Previous clinical studies have proposed that there may be pleiotropic effects of angiotensin II receptor blockers beyond the blood pressure-lowering effect [48,49]. Moreover, some in vitro studies have shown that those drugs might have protective effects for renal cell injury which were induced by toxins such as transforming growth factor-β1 and advanced glycation end product [50,51]. We evaluated the therapeutic effect of irbesartan, an angiotensin II receptor blocker, but we did not find any significance for this drug in IS-induced cell injury. Although we evaluated a pleiotropic effect, treating with irbesartan alone could be another problem without the evidence that IS independently activates the angiotensin II receptor. On the other hand, Sun et al. [20] found that activating the renal renin-angiotensin system might have an important role in IS-induced kidney injury, and that losartan could attenuate the renal fibrosis. Thus, treatment with an angiotensin receptor blocker may be a candidate for retarding CKD progression induced by IS.

The interpretation of our results regarding medication were limited because we could not show significant effects with probenecid, which interrupts IS entry into cells by blocking an organic anion transporter [15,22]. However, blocking IS transport may be an issue to be investigated. Since the entry of IS via an organic anion transporter demands energy and makes decrease in the energy level, the capacity of IS transport may be decreased in HK-2 cells. There should be another in vitro research to explain whether the capacity of an organic anion transporter changes according to IS treatment, by comparing IS-treated cells with untreated cells.

This study has several limitations. First, the power is limited because the experiment could not be repeated enough times. Nevertheless, our results, especially regarding cell viability and protein expression according to dose of IS, showed consistent trends. Despite the limited power, those findings might still be noteworthy. Second, because we did not assess the time dependence of viability and protein expression, changes according to IS exposure by time could not be analyzed. However, this study focused on investigating the IS-related signaling mechanisms and the therapeutic effects of drugs on cell viability, so the time from a pilot study was selected to be used in all of the experiments. Third, this study was performed entirely in vitro. We were not able to expand our findings to an in vivo study.

**Conclusion**

This study showed that IS had a dose-dependent cytotoxicity in HK-2 cells, which might be related to increased ROS production. The mechanism for this cytotoxicity might include activation of the ERK, PI3K-AKT, Nrf2-keap1 and JNK pathways, in addition to activation of NOS3. We did not find any significant effects of medication on viability and protein expression in cells treated with IS. Despite these negative results, we suggest that cell viability could be improved by treatment with antioxidants and angiotensin-receptor blockers. We expect that more therapeutic options for IS-induced CKD progression will be developed, and our findings can form the basis for further in vitro and in vivo research into IS-related renal damage.

**Acknowledgements**

This work was supported by a National Research Foundation of Korea (NRF) grant funded by the Korean government (No. NRF - 2012R1A1A1011816).

**References**

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